

DOGLIO  CLUB
MINDFULNESS SPA

Doglio Club is the ideal space to find peace, serenity, and take time to oneself.

Letting go of the mind and taking care of one's body are moments of freedom that should never be sacrificed.



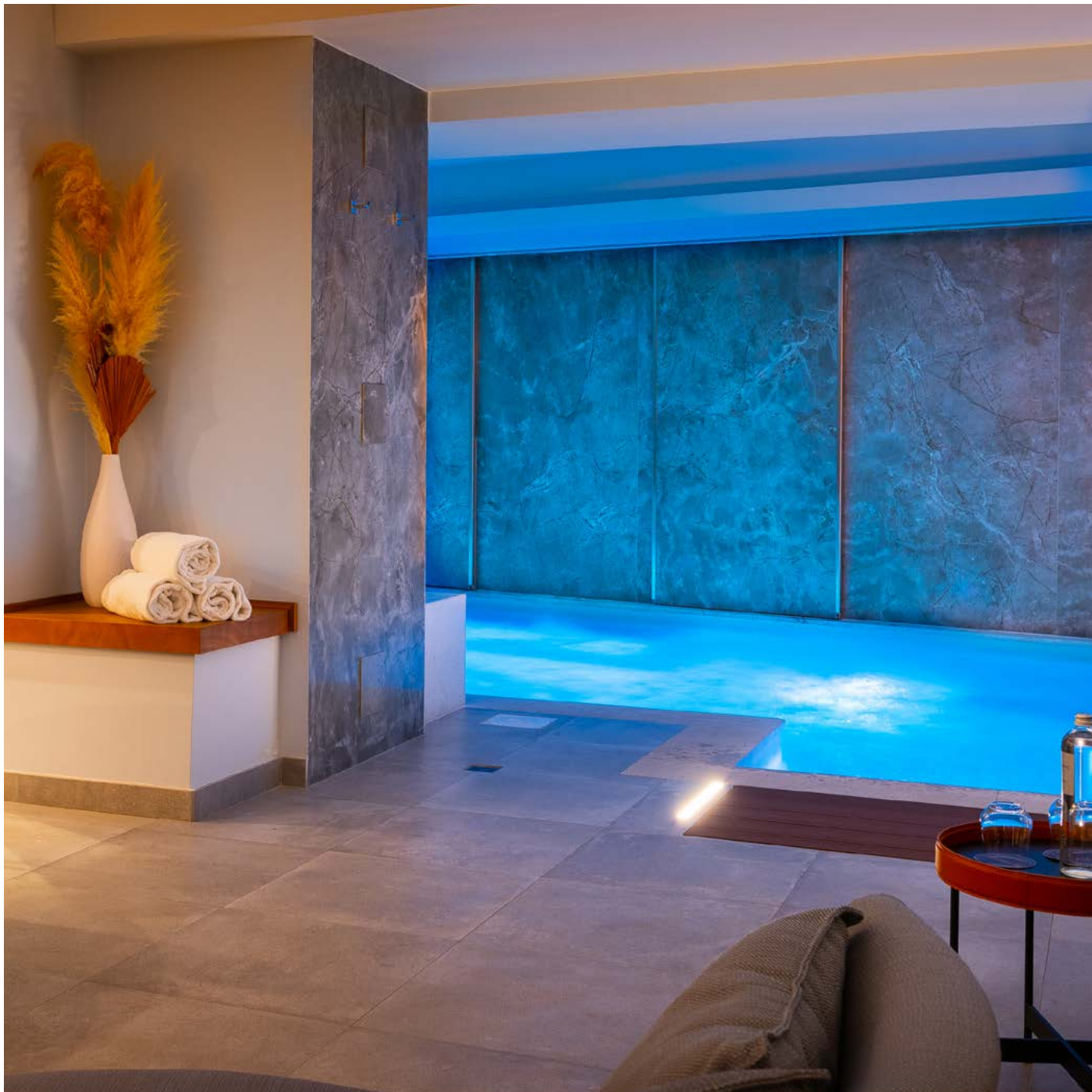


WELLNESS PATH

Relaxing path that includes a heated pool equipped with hydro-massage jets targeting various parts of the body, which energetically stimulate different body areas and enhance the feeling of lightness and relaxation through water pressure and movement; Sauna, Turkish Bath, and a relaxation area with a tea corner.

50 Euros

● 90 mins



SIGNATURE TREATMENTS

DOGLIO BACK TREATMENT (OPTIMAL REPLENISHING BACK TREATMENT)

Ideal for relieving muscle tension and alleviating stress. Combine a soothing back wrap to relax the muscles, followed by a specific back massage. Choose your preferred pressure level: medium or deep.

110 Euros

● 60 mins

DOGLIO HOLISTIC TREATMENT (OPTIMAL FORTIFYNG TREATMENT)

Relaxing treatment for the muscles of the back and refreshing for your legs. Specific massage for the back, face, and head.

110-160 Euros

● 60-80 mins

DOGLIO RELAXING TREATMENT

(INNER STRENGTH)

A concentrate of physical and mental relaxation. Body exfoliating treatment, combined with a personalized body massage by expert hands, followed by a personalized facial treatment.

160-190 Euros

● 80-120 mins

THE GHASSOUL RITUAL RHASSOUL

Chosen to achieve a feeling of absolute well-being and relaxation. The savon noir of the desert, a 100% natural exfoliating treatment, rich in vitamin E. Enveloping with Rhassoul, it activates capillary circulation and stimulates lymphatic circulation. Purifying, Detoxifying, Restructuring.

Upon completion you will receive a relaxing massage on the whole body with drops of Argan oil or Shea Butter so as to complete the properties of your incomparable La Ghassoul Ritual Rhassoul

160 Euros

● 80 mins





THE BEAUTY TREATMENT BY NATURA BISSÉ

Starting from scientific research, Doglio Club, thanks to the revolutionary collections by Natura Bissé, offers a completely natural treatment method that achieves exceptional results both physically and mentally, thanks to the holistic approach, from the Greek *ó\og, olos*, which means “totality”.

Natura Bissé
Barcelona

THE BEAUTY TREATMENT BY NATURA BISSÉ

THE CITRUS ESSENCE

Antioxidant and revitalizing facial treatment, ideal after sun exposure.

60 mins 130 Euros

THE 3D COLLAGEN SHOCK

The treatment combines the precious properties of Amino Acids, Collagen, Elastin, and is enriched with antioxidant vitamins (A+C+E). It regenerates, repairs, and revitalizes.

60 mins 120 Euros

THE CURE THERAPY

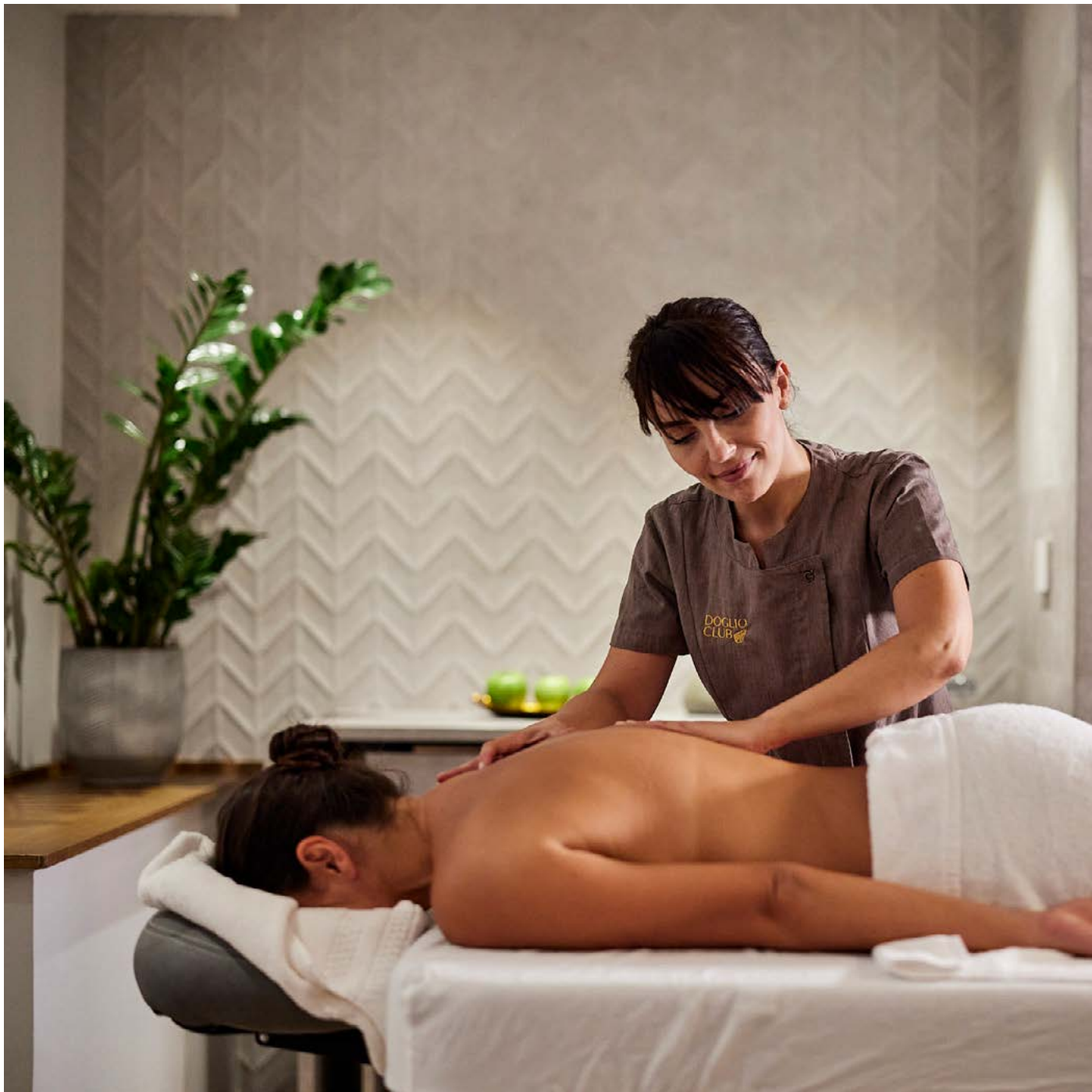
Detoxifying, hydrating, and soothing facial treatment.

60 mins 130 Euros

THE O2 RELAX TREATMENT

O2 Relax and invigorating treatment that provides oxygen.

60 mins 120 Euros




BODY TREATMENT

CITRUS DRENCH

Exfoliates, hydrates and protects your skin. Body treatment based on Vitamin C emulsions.

120 Euros

● 60 mins



LIVEWELL-BEWELL

A customized treatment designed to rejuvenate both body and mind, reduce stress, and promote the elimination of toxins. We will create a personalized Diamond Well-Living Experience for you.

160 Euros

● 90 mins

DIAMOND EXPERIENCE ROSE MASSAGE

Enveloping, nourishing. Damask Rose, combined with diamond powder. Soothes, improves the appearance of the skin. Intoxicating for its olfactory notes. Positive effects on the psyche.

185 Euros

● 90 min



SPA BODY MASSAGE

ECLETTIC

Highly personalized massage. It combines different types of techniques to best respond to your needs.
(choose your pressure; superficial, medium, deep)

90 Euros

140 Euros

50 mins

80 min

RESTFUL AROMA MASSAGE

A blend of individually chosen oils, to relax, unwind and bring you back body and mind balance.
(choose your pressure; superficial, medium, deep)

90 Euros

140 Euros

50 mins

80 min

DETOXIFYNG TOUCH MASSAGE

Deep draining massage.
Carried out with deep and enveloping manual techniques, it helps prevent the accumulation of toxins, releases and dissolves muscle tension.

90 Euros

140 Euros

50 mins

80 min

DEEP MUSCLE O FITNESS BODY MASSAGE

Highly personalized massage, designed to loosen, stretch and relieve muscle tension.
(choose your pressure; medium, deep)

90 Euros

140 Euros

50 mins

80 min

KOBIDO ETERNAL YOUTH

Massage performed by the use of numerous manual techniques: vibratory, skilful brushing, percussion.
The Kobido, focus on the top of the body (face, neck, décolleté, trapezius and scalps).
Stimulates the production of collagen and elastin.

110 Euros

60 mins

COMPLETE YOUR TIME BY
CHOOSING BETWEEN:

FACIAL EXPRESS

Specific exfoliation by skin type, followed by mask application. During its laying time you can choose between; head massage, foot massage, hand and arm massage.

Concluding with a relaxing face massage, accompanied by the choice of a cream that best suits your skin condition.

+ 50 Euros

● 30 mins

INNER CALM SCALP MASSAGE

The best method of relaxation and rejuvenation of body and mind.

Giving a sense of peace, calm and tranquility. During this massage we improve oxygenation in the tissues, providing supplementary oxygen to the brain thus improving concentration, helping the dispersion of toxins from voltage.

+ 50 Euros

● 30 mins

RESTORATIVE EYE TREATMENT

Invigorating treatment eye contour associated with a periocular massage.

Brings oxygen to the tissues, relaxes the muscles giving a brighter and more relaxed appearance.

+ 50 Euros

● 30 mins

BODY EXFOLIATOR

AWAKENING BODY POLISH

Immerse yourself in this delicate and effective scrub and resurface with extraordinarily soft and nourished skin. Let yourself be enveloped by the scent of ginger and citrus by Natura Bissè.

● **30 mins**

+ 50 Euros

SAVON NOIR TOUCH

Extraordinary regenerating treatment. The savon noir performs a deep cleansing and exfoliating action on the epidermis thanks to the synergy created in combination with the Kessa glove. Stimulates capillary and lymphatic circulation. Also recommended for the most sensitive skins.

● **30 mins**

+ 50 Euros



PERSONAL TRAINER

The team of dedicated Personal Trainers at Doglio Club is available to create personalized training programs aimed at meeting every individual's needs.

ONE TO ONE

50 Euros

50 mins

CUSTOMIZED GROUP ACTIVITIES (MAXIMUM 3 PEOPLE)

30 Euros

50 mins

10 ONE TO ONE LESSONS

450 Euros

50 mins





PACKAGES

ME TIME

WELLNESS PROGRAM OF 90 MINUTES


Access to the freshwater swimming pool with whirlpools, Sauna, Turkish bath, herbal tea corner,relaxation area.

WELLNESS & APERITIF FOR TWO PEOPLE

WELLNESS PROGRAM OF 90 MINUTES

Access to the fresh water swimming pool with whirlpools, Sauna, Turkish bath, herbal tea corner, relaxation area.

Followed by an elegant aperitif served at our American Bar.



RELAX FOR TWO

WELLNESS PROGRAM OF 90 MINUTES

Access to the freshwater swimming pool with hydromassages, sauna, Turkish bath, herbal tea corner, and relaxation area.

BODY MASSAGE 50 MINUTES

Highly personalized massage, which combines various techniques to best respond to the needs of the guest.

GOURMET JOURNEY FOR TWO PEOPLE

WELLNESS PROGRAM OF 90 MINUTES

Access to the freshwater swimming pool with hydromassages, sauna, Turkish bath, herbal tea corner, and relaxation area.

DEGUSTATION AT OSTERIA DEL FORTE

A 4-course tasting itinerary signed by Chef Alessandro Cocco served at the Osteria del Forte. (beverages not included).



TIMETABLES

SPA

Every day 9:00 - 21:00

GYM

Every day 7:00 - 21:00

Access to the Doglio Club and services are by reservation.



ETIQUETTES

We recommend arriving at least 10 minutes before the scheduled treatment. This will allow us to welcome you, introduce you to our services, and discuss the final goal of the chosen service together.

In case of a delay, we kindly ask you to notify us with a phone call. If possible, we will try to accommodate you with the complete treatment; otherwise, the duration of the treatment will be shortened.

We regret to inform you that we cannot be held responsible for any damage or loss of valuable personal items. Doglio Club provides its guests with lockable lockers for their convenience.

We require a 24-hour notice for appointment cancellations. Cancellations made beyond this time frame will be charged at 100%, as well as no-shows.



DOGLIO CLUB

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