# The ForteVillage Journal

#### ONE OF A KIND

Travel award 2024

elcome to Forte Village! We wish you a thoroughly enjoyable holiday in this beautiful corner of South Sardinia. We try to provide something for everyone and for all ages, for the active there is lots to do but if you prefer peace and quiet there is plenty of space where you can find a quiet spot to simply relax. Your hotel reception can advise you regarding the choice of restaurants for breakfast, lunch and dinner and they can make reservations in restaurants which need to be booked in advance. The range of sports facilities and academies for the young includes tennis, football, paddle tennis, go karting and more or try the leisure activities such as the swimming pools, bowling bike. And for fashion lovers, you will find boutiques that will meet your demands. Our little guests have a dedicated area called Children's Wonderland and an amazing Acquapark with water games, exciting water shutes and a pirate ship! To completely relax, why not enjoy rejuvenating detox in the Acquaforte SPA with its unique thalasso pool circuit and pamper yourself with a deep massage or a health or beauty treatments. Enjoy an unforgettable holiday!



#### SCAN THE OR CODE TO STAY UPDATED ON:

- USEFUL INFORMATION & TIMINGS
- RESTAURANT MENU
- RESORT MAP
- SPORTS ACADEMIES AND MUCH MORE!





# **Sport Academy**

Perfecting your style, improving your shot, fine-tuning your game tactics. And learning how dedication, discipline and fair play get you the best results



If your kids live for football and are between 6 and 14, imagine watching them attack, defend, dribble, score or, if in goal, save. Each week, specific courses for each position, tactical lessons, individual technique and actual matches.

Info and booking: Sport Area open everyday 09:00-13:00 / 15:00-19:00 (tel. +39 070 921 8938)



### **FOOTBALL TOURNAMENTS**

Every day is a celebration of sport. If you love competition and team games, don't miss these football tournaments.



17:00–18:00 Kids match 18:00–19:00 Adults match



From beginners to rising stars. From approaching the water to perfecting every stroke, including starts and turns. In the beautiful Baia delle Palme pool with 5 lanes of 25 meters for training.



On request (Sport Area +39 070 921 8938)





Revved up excitement for engine-lovers and speed demons. Specific programmes for those making their 'debut' and for those experts who want to improve their driving style alongside the best qualified drivers and technicians.

Available every day





If you have a passion for riding on two-wheels then Forte Village Bike Academy is the right place for you. This side of Sardinia offers the most scenic and spectacular roads and paths on the island, ideal for both beginners and more advanced bikers. Information and reservations available at Concierge and Bike World.



**On request** 



There are 13 courts - 12 clay and 1 hard. And now we head to the net with some of the world's 'heavy hitters', coordinated by Rocco Loccisano, who trained Pat Cash. Courses for all ages, junior and senior, with specialisations when it comes to techniques for competition and single strokes.



Available every day

### PICKLEBALL



For this new season we are delighted to present our new pickleball court where everyone can enjoy and train every day.

Pickleball is a dynamic and fun sport that combines elements of tennis, badminton, and ping pong. Played on a smaller court than traditional tennis, with a lower net, pickleball is known for its accessibility to all ages and skill levels. It's a great option for those looking for a fun physical activity that challenges reflexes, agility, and precision, without the same physical intensity as more demanding sports.



Have you ever dreamed of breathing underwater for the first time or obtaining an international diving



Among the extraordinary new things which the Forte Village has to offer, we now have the latest fantastic sport: paddle tennis. Similar to tennis, squash and racquetball, paddle tennis is easy to learn and fun for the whole family.

certification to swim with fish in their natural environment?

Our scuba diving academy, with the help of our instructors with many years of experience, will allow you to achieve these goals in total safety while having fun.



Info and booking:

Concierge Tel. +39 070 921 8300



Available every day

fortevillage.com -

# Wellness

The sea provides the benefits of the oldest medicine in the Mediterranean. Sun, water, the power of salt, the intensity of nature. Technology provides the most advanced research to get you back in ideal shape. While cosmetic science provides the best skincare treatments. This is how the Acquaforte Spa came into being. Your new well-being, your new beauty.

#### Thalassotherapy

A circuit of six sea-water pools, each with a different level of salinity. Like floating through space

One word to describe our thalassotherapy? Revolutionary well-being. For 32 years our method has been changing the path of European thalassotherapy. And it could only be us, as Mediterraneans overlooking the "powerful" sea of Sardinia, to invent a circuit comprising six seawater pools with different salinity levels and at different temperatures. From the 38°C of the first sea oil pool, with very high buoyancy for an experience akin to walking on the moon, to the energy of the 24°C whirlpool, which concludes the circuit. In between? Extraordinary renewal and deep relaxation for toning muscles, restoring light to the skin and clearing the mind.





#### **Acquaforte Beauty**

Cutting-edge technology to regain freshness and tone

A relaxed, luminous, ageless face. To inject energy into the skin and do away with the signs of ageing, we offer you the most advanced technology and cosmetic treatments, created by the scientific laboratories of Sisley Paris. Also present LPG and Oxygen Therapy, hi-tech beauty care methods. We also provide personalized beauty and hair treatments and your general health. Our SPA shop near the Piazza Luisa offers all of the products of the Acquaforte SPA and the most famous beauty houses.



**Private Spa** 

#### Acquaforte Thalasso & Spa, presents an oasis in the oasis

Exclusive, elegant and immersed in the lush gardens of the Acquaforte SPA, the Private Spa is ideal for families and small groups of friends up to 10 persons. Enjoy complete privacy with a separate entrance, changing rooms, Hammam, sauna, treatment room, solarium and 4 pools.



#### Detox, Anti- aging, Weight loss, Stay Healthy & Performance Pacakages

Salt purifies, slims, relaxes and instils renewed beauty. And the body is free to shine

The strengths of our SPA lie in its exclusive programmes. The experience of our therapists and the professionalism of our medical consultants means we can offer a personalised programme for each patient based on their individual requirements and needs. All treatments begin with a consultation, followed by clinical medical tests to establish the patient's state of health.



#### **Biomechanics and Therapeutic Training**

HPM, the High-Performance Method

Every wellness journey begins with a moment of analysis and evaluation. HPM's highly qualified staff evaluate the functional capabilities of the individual thanks to in-depth biomechanical testing. Posture, Strength, Stability and Reactivity are just some of the keywords that define HPM's areas of intervention. The analyses of the Forte Biomechanics Lab ensure the best orientation for physical exercise and therapeutic training. The first step to maximize athletic performance, scout young talents, plan training sessions and solve simple everyday musculoskeletal problems.



#### **Forte Lab**

#### A medical team working for your wellbeing

The Forte Lab is a state of the art diagnostic centre that is essential for monitoring the state of health of guests and to ensure, thanks to very fast test results, a thorough medical assessment and a totally personalised recommendation for the best treatment and the level of all sports activities.



#### **The new aesthetic medicine** *The New Aesthetic Medicine DEASALUS Doct. Giorgio Maullu*

Rejuvenate Without Transforming. Acquaforte presents Deasalus, a medical and scientific technic that, through tissue regeneration, allows for rejuvenation without altering the natural essence of the person. The latest technologies and the most effective cosmetic medicine treatments for the face include Frax Laser Resurfacing<sup>®</sup>, Stem Cell Face Regeneration, CFU Elife, Fillers, Peels, and body reshaping with Cryoliposculpt, Lysiwave, and Carboxytherapy.



# Fun

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Forte Village, a synonym for enjoyment. How can you resist the infinite temptations of our resort? From the Wine Bar to the most elegant shopping in Piazza Luisa.



### 街 SHOPPING

Fashion has found a new catwalk, that of the extraordinary boutiques of Piazza Luisa. The best Italian and international Maison, from **Dolce & Gabbana, Antonio Marras, Kering Eyewear (Gucci, Saint Laurent, Balenciaga ...), St. Barth, Vilebrequin** to **Brunello Cucinelli, Eleventy, Ermanno Scervino**, the multibrand **Modes** for contemporary taste, **Vinicio's** store at **Gallery Enzo Fortunato** is a place to discover the ready to wear, some names to explore **Fendi, Valentino, Gucci, Loewe, Bottega Veneta** and many more. **Forte Shop**, where you can buy the right gift to take home from our fantastic Forte Village merchandising and much more to explore for the all family! At Forte Village you can also admire the new winter collections. Enjoy shopping with us!.

For the little ones **Aspesi, Il Gufo, Twinset and Monnalisa**. Our style advisors are at your disposal. A special occasion? **Damiani, Rocca** and **Perris Montecarlo perfumery** will open their doors to your wishes.



### PHOTO BOOTH

Gruppo Digitale supply images printed on paper or other unique, superior quality media, it can also provide digital images delivered via a cloud system that enables you to download the most beautiful photos from your holiday.



### BOWLING

In the heart of Leisure Land, hear the echo of the perfect strike: one bowl, 10 pins, and you've won. Together with friends and family, a game of bowling makes for a relaxing and enjoyable competition.

Available every day

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# CHILDREN'S WONDERLAND

Once upon a time there was a magical kingdom where children had so much fun. Welcome to Children's Wonderland.



Open everyday



### ACQUAPARK

Unlimited fun for kids, an exciting new Acquapark with water games and 7 magnificent slides – 2 tunnels and 5 open air – for older children. There's even a pirate ship for the little ones with water cannons where the kids can pretend to be the legendary Jack Sparrow!

Available every day (9:00-1:00 PM / 3:00-6:00 PM)



#### **BABY DANCE**

At the end of the day the kids will put on a show in the wonderful setting of Piazza Luisa. Our staff will organise unforgettable shows for kids with all kinds of dancing.

### BARBIE™

Come and discover the magnificent Barbie House at the Children's Wonderland.



### MARIO'S VILLAGE

Mario's Village: a real child size village with 9 themed houses where children play in the fire station, mini market beauty center and the cinema.

Available every day (9:00-1:00 PM / 3:00-6:00 PM





#### **GREEN RESORT**

Protecting the environment and implementing sustainable practices are a priority for us. Our philosophy revolves around living in harmony with nature, supporting the local economy and culture with a strong spill-over of economic and social benefits throughout the region. We constantly strive to improve the present quality of life while safeguarding the future. To ensure sustainable development, we have implemented several initiatives to reduce our environmental impact.

Find more: https://www.fortevillageresort.com/it/sustainability/



Vireo Certifications of Sustainability



# Gourmet

An overwhelming menu that is something special, full of surprises and ever changing. These are the gastronomic riches of Forte Village. Restaurants of every style from buffets to gourmet, from Italian, Sardinian and international cuisine.

### **A WORLD OF FLAVOURS**

We're off, and dinner turns into a voyage of discovery, in search of the world's greatest gastronomic traditions. We start at our **Sardo Restaurant**, which interprets one of Italy's most original traditions. A meat-lover? Don't miss the **Brasilian Restaurant** and its extraordinary grilled meats, with sides of potato and caramelised pineapple. And finally, the **Forte Grill** offers an exceptional selection of high quality meat from Italy, Ireland and Australia, as well as a choice of desserts and icecreams.

Brasiliano: 7:30 PM - 9:30 PM Sardo: 7:30 PM - 9:30 PM Forte Grill: 7:30 PM- 11:00 PM (Saturday closing at h 24:00)





### **ITALIAN TASTE**

Raise your hand if you know of any gastronomic tradition that is richer, more creative, older, more current or more healthy than Italian cuisine. We'll start from the top, location-wise, on the **terrace of the Belvedere** with **Chef Giuseppe Molaro**. Then we head down to the garden, and the rich buffet of the **Cavalieri**, where **Giuseppe Candela** creates an extravagant array of dishes, freshly prepared each evening. Just a few steps and we can enjoy the casual elegance of **Le Dune restaurant**, ruled over by **Andrea Putzu** and his exquisite fresh fish dishes.

Belvedere: 7:30 - 10:00 PM Cavalieri: 7:30 - 10:00 AM / 7:30 - 9:30 PM Le Dune: 7:30 - 10:00 AM / 7:30 - 10:00 PM

### **HEINZ BECK RESTAURANT**



**Heinz Beck** brings his **Michelin star** flavour to Forte Village. The culinary pioneer and three Michelin starred Chef, will be at Forte Village this summer to delight our guests palettes! Guests can look forward to simple but wonderfully made bistro-style food during the day and fine gourmet cuisine in the evening

Open from 8:00 PM to 10:00 PM





### LUNCH FROM PIZZA To lobster

In the city you called it "lunch break". Well, we're proud to offer you something that will better sate your appetite and your lightness. Location, first of all, overlooking the bluest of waters. Let's start with the pizza, cooked in the wood oven at our **Pizzeria**. The menu offers everything from a classic tomato, basil and buffalo mozzarella, to the more diverse "American". Prefer a deluxe hamburger or a superb lobster at the **BeachComber by Heinz Beck?** And what do you say to a tasty club sandwich at the snack bar of the **Oasis pool**? And "green" lovers? We've got you covered too, with an incredible range of salads in all our restaurants.

Pizzeria: 12:30 - 3:00 PM (Saturday closing at 4:00 PM)

Beach Comber by Heinz Beck: 12:30 - 2:30 PM

## **OBICÀ MOZZARELLA BAR**

Obicà's cuisine awaits you at the **Bellavista restaurant** with the finest PDO Buffalo Mozzarella from Campania and traditional Italian products. Obicà, the world's first Mozzarella Bar, has been showcasing the excellence of Italy for over twenty years in more than twenty restaurants in Italy and around the world. Come and discover the Obicà cuisine with a selection of dishes dedicated to taste and seasonality.



Open from 12:30 to 3:00 PM





### FORTE VILLAGE PÂTISSERIE

The Forte Village pâtisserie shop is located near Piazza Luisa. You will taste all types of desserts created by the hands of the expert pastry chefs of Forte Village.

Open from 10:00 AM to 24:00

### **CHILDREN'S RESTAURANT**

A menù designed to satisfy even the smallest guests. Quality food and fun in this restaurant designed especially for children. A wide range of dishes to satisfy the palates of all the young guests at Forte Village and a selection of homogenized food for babies.

Lunch: open from 12:00 to 1:00 PM Cena: open from 6:00 to 7:00 PM



### **BAR BANDIERE**

Located inside the Castello is the most elegant and traditional of the Forte Village bars. The ideal venue for listening to live music while enjoying a whiskey.

Open from 10:00 AM to 24:00



### **BAR PIAZZA LUISA**

With a sea view and furnished with comfortable sofas, this is the ideal place to relax while drinking a refreshing cocktail prepared by expert bartenders

Open from 10:00 AM to 24:00



### **BAR DUNE**

At the new Bar Dune, nature and flavor harmoniously converge in an elegant and inviting setting. Nestled amidst our lush gardens and overlooking the sea, this cocktail bar promises a unique experience with authentic flavors. Our kmo Signature Cocktails are crafted from a blend of creativity and freshness, featuring ingredients sourced directly from our Dune Herb Garden, to be savored until the last sip.

Beach Bar & Aperitif Bar Open from 10:00 AM to 6:00 PM



### **TIKI BEACH**

The Tiki Beach with its tropical style, will accompany your evenings with fantastic cocktails in front of a breathtaking landscape.

Lunch: 12:30 to 4:00 PM Until September 14

Dinner: 6:00 PM to 9:00 PM Until September 13

Bar: Until September 14: opening at 10:00 AM From September 15: opening at 17:00 PM







#### WINE BAR

An afternoon break, an aperitif, a final glass to end a busy day. The choice is yours at our impressive Wine Bar, very near to the Cellar and its 800 Italian and International labels. What can we offer you, a Masseto, Sassicaia, Ornellaia or Champagne, accompanied by a wide range of cheeses and cold cuts from Sardinia? Not forgetting the Magnum bottles of course, ideal for enhancing and preserving the bouquets of the most famous wines. Come and taste some of the most exclusive wines in the world.

Open from 6.30 p.m. to close

Nourish your body and indulge in the delicious flavors of our new Healthy Restaurant and Bar. Explore a wide selection of nutrientdense cold press juices, colorful fruit bowls, delectable smoothies, and an array of mouth-watering dishes that will tantalize your taste buds right in front of the beach!

Open until September 13 from 10:00 AM to 6:00 PM

- fortevillage.com



# **TOURNAMENTS AT THE FORTE VILLAGE TENNIS CLUB**



### 12 TOTAL TOURNAMENTS - 6 COMBINED PRIZE MONEY \$300.000 FOR MORE INFO: T. +39 070 921 8977

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# **CAGLIARI BY NIGHT** Osteria del Forte

Osteria del Forte proposes an exclusive concept that collects all the facets of the classic Italian trattoria and revisits it in a contemporary key. At its head, the Executive Chef Alessandro Cocco, who was professionally raised in Forte Village, working under world-renowned starred chefs such as Gordon Ramsay and Heinz Beck.

Book now: t. +39 070 6464154 | palazzodoglio.com



FOR INFORMATION PLEASE CONTACT YOUR RECEPTION

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