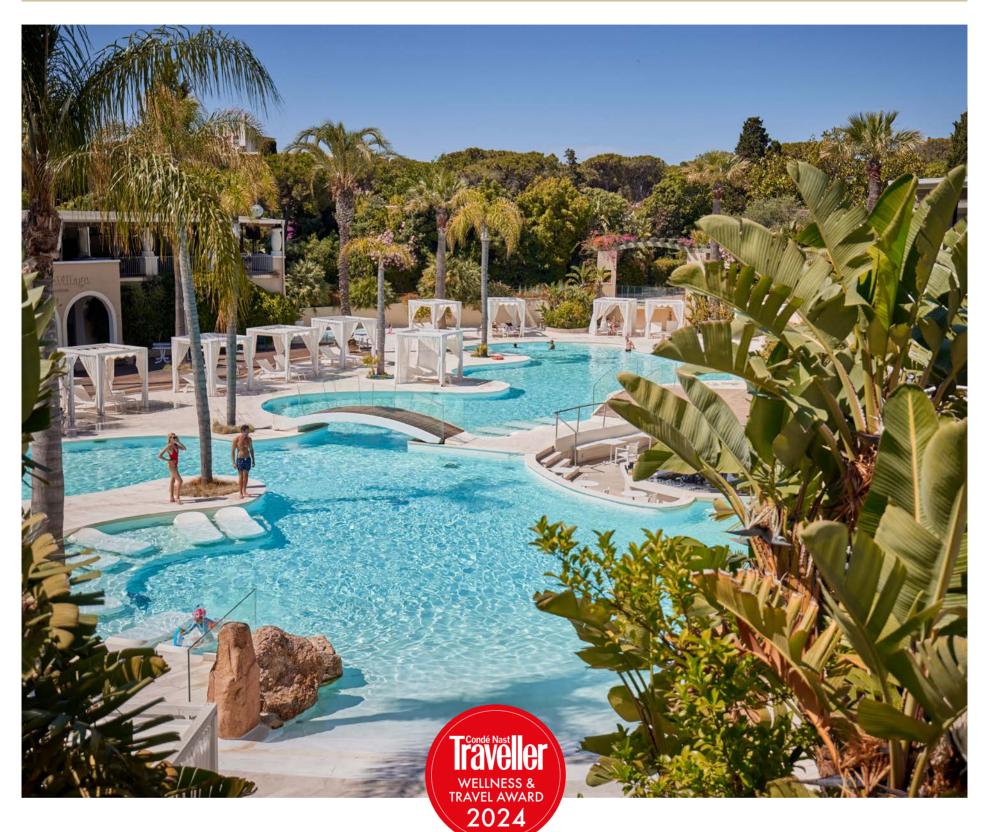
The ForteVillage Journal

ONE OF A KIND



elcome to Forte Village! We wish you a thoroughly enjoyable holiday in this beautiful corner of South Sardinia. We try to provide something for everyone and for all ages, for the active there is lots to do but if you prefer peace and quiet there is plenty of space where you can find a quiet spot to simply relax. Your hotel reception can advise you regarding the choice of restaurants for breakfast, lunch and dinner and they can make reservations in restaurants which need to be booked in advance. The range of sports facilities and academies for the young includes tennis, football, paddle tennis, go karting

and more or try the leisure activities such as the swimming pools, bowling bike. And for fashion lovers, you will find boutiques that will meet your demands. Our little guests have a dedicated area called Children's Wonderland and an amazing Acquapark with water games, exciting water shutes and a pirate ship! To completely relax, why not enjoy rejuvenating detox in the Acquaforte SPA with its unique thalasso pool circuit and pamper yourself with a deep massage or a health or beauty treatments. Enjoy an unforgettable holiday!



SCAN THE QR CODE TO STAY UPDATED ON:

- USEFUL INFORMATION & TIMINGS
- RESTAURANT MENUS
- RESORT MAP
- SPORTS ACADEMIES AND MUCH MORE!



Sport Academy

Perfecting your style, improving your shot, fine-tuning your game tactics. And learning how dedication, discipline and fair play get you the best results



ForteVillage SARDEGNA

REAL MADRID FOUNDATION FOOTBALL CLINIC

If your kids live for football and are between 6 and 14, imagine watching them attack, defend, dribble, score or, if in goal, save. Each week, specific courses for each position, tactical lessons, individual technique and actual matches.

Info and booking: Sport Area

open everyday 09:00-13:00 / 15:00-19:00

(tel. +39 070 921 8938)

Alvaro Arbeloa: from 8 to 14 july





BOXING ACADEMY

Our Boxing Academy takes place in the beautiful setting of the Sport Academy Centre. Boxing is a challenge, it is a life lesson, one of respect and courage. Learn this exciting sport with our special boxing course.











From 15 july Info and booking: **Sport Academy Center** Open everyday 09:00-19:00 (tel. +39 070 921 8637)

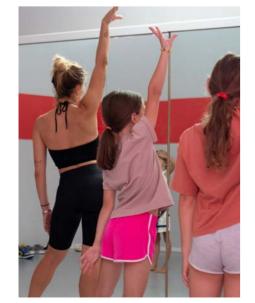


TABLE TENNIS ACADEMY

It's fun and a fantastic chance for parents and children to play together and spend time relaxing. Our fantastic Table Tennis Academy offers table tennis courses for talented young peopleof all ages, children and adults.



Info and booking: **Sport Academy Center** Open everyday 09:00-19:00 (tel. +39 070 921 8637)





DANCE ACADEMY

Shall we dance? If you can't resist the rhythm of the Caribbean or the timeless beauty of pointes and tutus, then you're already part of our irresistible Dance Academy.

Info and booking **Sport Academy Center Open everyday 09:00-19:00** (tel. +39 070 921 8637)

GO-KART ACADEMY

Revved up excitement for enginelovers and speed demons. Specific programmes for those making their 'debut' and for those experts who want to improve their driving style alongside the best qualified drivers and technicians.



Giancarlo Fisichella: from 19 to 27 july

Available every day



There are 13 courts – 12 clay and 1 hard. And now we head to the net with some of the world's 'heavy hitters', coordinated by Rocco Loccisano, who trained Pat Cash. Courses for all ages, junior and senior, with specialisations when it comes to techniques for competition and single strokes.



Ernest Gulbis: from 10 to 20 july
Emilio Sänchez: from 23 to 30 july
Available every day

FOOTBALL TOURNAMENTS

Every day is a celebration of sport. If you love competition and team games, don't miss these football tournaments.



17:00-18:00/21:00-22:00 Kids match 18:00-19:00 Adults match





SWIM ACADEMY

From beginners to rising stars. From approaching the water to perfecting every stroke, including starts and turns. In the beautiful Baia delle Palme pool with 5 lanes of 25 meters for training.

Domenico Fioravanti: from 8 to 13 july Martina Moravcova: dal 15 al 23 july Available every day



DEEJAY ACADEMY

I Together with a professional DJ, you will learn the basics of the profession, from mixing techniques, sound sampling, editing and mastering of the track.



on request



FENCING ACADEMY

Are you ready for the wonderful new entry of the year? In the multifunctional gym of the Sport Academy Center, equipped with four professional pistes with the best technology, the new Forte Village Fencing Academy takes place.



Info and booking: Sport Academy Center

Available every day 09:00-19:00 (tel. +39 070 921 8637)



PADEL TENNIS

Among the extraordinary new things which the Forte Village has to offer, we now have the latest fantastic sport: paddle tennis. Similar to tennis, squash and racquetball, paddle tennis is easy to learn and fun for the whole family.

Hernan Auguste: from 10 to 21 july
Available every day





PICKLEBALL

For this new season we are delighted to present our new pickleball court where everyone can enjoy and train every day.

Pickleball is a dynamic and fun sport that combines elements of tennis, badminton, and ping pong. Played on a smaller court than traditional tennis, with a lower net, pickleball is known for its accessibility to all ages and skill levels.

Players use lightweight paddles and a perforated ball similar to a wiffle ball, making the game slower than traditional tennis but equally competitive and engaging. Points are scored when a player fails to return the ball properly into the opponent's playing area.

Pickleball promotes teamwork and strategy, with matches played individually or in doubles. It's a great option for those looking for a fun physical activity that challenges reflexes, agility, and precision, without the same physical intensity as more demanding sports.



If you have a passion for riding on twowheels then Forte Village Bike Academy is the right place for you. This side of Sardinia offers the most scenic and spectacular roads and paths on the island, ideal for both beginners and more advanced bikers. Information and reservations available at Concierge and Bike World.



Fabio Aru: from 13 july to 3 august
On request



BASKETBALL ACADEMY

Are you a basketball fan? Then join our unbeatable Basketball Academy now. The lessons will take place from Monday to Friday at Forte Village basketball courts.



Available every day



SCUBA DIVING ACADEMY

Have you ever dreamed of breathing underwater for the first time or obtaining an international diving certification to swim with fish in their natural environment?

Our scuba diving academy, with the help of our instructors with many years of experience, will allow you to achieve these goals in total safety while having fun.



Info and booking: Concierge Tel. +39 070 921 8300



CHESS ACADEMY

The Chess Academy at Forte Village is more than just a chess school; it's a place where new passions are born, friendships are made, and unforgettable adventures are experienced. We invite all young guests to discover the charm of chess and enhance their skills in a stimulating and relaxing environment.



from 15 july to 16 August everyday 09:00-19:00 Info and booking: Sport Academy Center (tel. +39 070 921 8637)



RUGBY ACADEMY

Yes, this is the energy of our Rugby Academy. Passion, tenacity and fun for boys and girls from 5 to 16, at all levels of experience. Our teachers? Simply the best. We're talking about two British rugby champions.



Will Greenwood e Geordan Murphy: from 8 to 14 july

Info and booking: Sport Area
Open everyday 09:00-13:00 /

15:00-19:00 (tel. +39 070 921 8938)



NETBALL ACADEMY

Fast and exciting, netball is very similar to basketball without the backboard and with only one net. But it's just as intense and easy to learn. It's the perfect sport for children, teenagers and adults. Our teachers? The real legends of this sport.

Karen Atkinson: from 8 to 14 july Info and booking: Sport Area -Open everyday

09:00-13:00 / 15:00-19:00 (tel.8938)







The academy offers you the unique experience of trying the sport of sailing on the crystal clear sea of Sardinia, with the adrenaline and pleasure of sailing aboard our 56-foot

Simone Camba: from 1 to 29 July Available every day

FIT-ZONESCHEDULE • 8938							
hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Orari	LUNEDÌ	Martedi	Mercoledi	GIOVEDÌ	VENERDÎ	Sabato	DOMENICA
9:00 > 9:45	Light	Mobility	Light	Mobility	Light	Mobility	Light
	Pilates	Stretching	Pilates	Stretching	Pilates	Stretching	Pilates
11:00 > 11:45	ZUMBA	ZUMBA	ZUMBA	ZUMBA	ZUMBA	ZUMBA	ZUMBA
	by © DANCE	by © DANCE	by © DANCE	by © DANCE	Dy ® DANCE	by ® DANCE	by © DANCE
16:00 > 16:45	AcquaGym	AcquaGym	AcquaGym	AcquaGym	AcquaGym	AcquaGym	AcquaGym
BAIA DELLE PALME POOL	Baia delle palme pool	Baia delle palme pool	Baia delle palme pool	Baia delle palme pool	Baia delle palme pool	Baia delle palme pool	Baia delle palme pool
18:00 > 18:45	Functional HIGH PERFORMANCE METHOD	Aerobica & Step	Functional HIGH PERFORMANCE METHOD	Aerobica & Step	Functional HIGH PERFORMANCE METHOD	Aerobica & Step	Legs, Bums and Tums

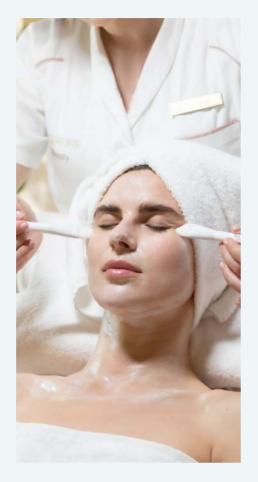
Wellness

The sea provides the benefits of the oldest medicine in the Mediterranean. Sun, water, the power of salt, the intensity of nature. Technology provides the most advanced research to get you back in ideal shape. While cosmetic science provides the best skincare treatments. This is how the Acquaforte Spa came into being. Your new well-being, your new beauty.

Acquaforte Beauty

Cutting-edge technology to regain freshness and tone

A relaxed, luminous, ageless face. To inject energy into the skin and do away with the signs of ageing, we offer you the most advanced technology and cosmetic treatments, created by the scientific laboratories of Sisley Paris. Also present LPG and Oxygen Therapy, hi-tech beauty care methods. We also provide personalized beauty and hair treatments and your general health. Our SPA shop near the Piazza Luisa offers all of the products of the Acquaforte SPA and the most famous beauty houses.



Spa privata

Acquaforte Thalasso & Spa, presents an oasis in the oasis

Exclusive, elegant and immersed in the lush gardens of the Acquaforte SPA, the Private Spa is ideal for families and small groups of friends up to 10 persons. Enjoy complete privacy with a separate entrance, changing rooms, Hammam, sauna, treatment room, solarium and 4 pools.

Thalassotherapy

A circuit of six sea-water pools, each with a different level of salinity. Like floating through space

One word to describe our thalassotherapy? Revolutionary well-being. For 32 years our method has been changing the path of European thalassotherapy. And it could only be us, as Mediterraneans overlooking the "powerful" sea of Sardinia, to invent a circuit comprising six seawater pools with different salinity levels and at different temperatures. From the 38°C of the first sea oil pool, with very high buoyancy for an experience akin to walking on the moon, to the energy of the 24°C whirlpool, which concludes the circuit. In between? Extraordinary renewal and deep relaxation for toning muscles, restoring light to the skin and clearing the mind.



Team Dr. Joanna Hakimova

Graduated in Biology, PhD in human physiology, researcher at Moscow Academy of Sciences, she is one of the most expert and famous facialists worldwide, specialized in organic esthetics and natural treatments. She has created several methods of face and body manual sculpture, registered with an exclusive trademark. In 2006 she was honored as a scientific researcher with the Premio Internazionale Vivisalute, established by the city of Milan. Acquaforte Spa presents three of Dr. Joanna Hakimova 's team best treatments: BIOLIFTING, YUMEIHO THERAPY, BODY SCULPTOR.



Forte Lab

A medical team working for your wellbeing

The Forte Lab is a state of the art diagnostic centre that is essential for monitoring the state of health of guests and to ensure, thanks to very fast test results, a thorough medical assessment and a totally personalised recommendation for the best treatment and the level of all sports activities..



Treatment Ayurveda Raj Eka Thapaliya

Acquaforte Thalasso & Spa is pleased to welcome Raj Eka Thapaliya, Ayurveda Master specialized in shirodhara practices, meditation and sound healing. With over twenty years experience and the best techniques learned in Nepal and India, our Auyrveda Master uses the traditional oriental treatments to rejuvenate the whole body and spirit..



Detox, Anti- aging, Weight loss, Stay Healthy & Performance Pacakages

Salt purifies, slims, relaxes and instils renewed beauty. And the body is free to shine

The strengths of our SPA lie in its exclusive programmes. The experience of our therapists and the professionalism of our medical consultants means we can offer a personalised programme for each patient based on their individual requirements and needs. All treatments begin with a consultation, followed by clinical medical tests to establish the patient's state of health. seguire si eseguono test clinici anamnestici per stabilire le condizioni del paziente.





The new aesthetic medicine

The New Aesthetic Medicine DEASALUS Doct. Giorgio Maullu

Rejuvenate Without Transforming. Acquaforte presents Deasalus, a medical and scientific technic that, through tissue regeneration, allows for rejuvenation without altering the natural essence of the person. The latest technologies and the most effective cosmetic medicine treatments for the face include Frax Laser Resurfacing®, Stem Cell Face Regeneration, CFU Elife, Fillers, Peels, and body reshaping with Cryoliposculpt, Lysiwave, and Carboxytherapy.

Biomechanics and Therapeutic Training

HPM, the High-Performance Method

Every wellness journey begins with a moment of analysis and evaluation. HPM's highly qualified staff evaluate the functional capabilities of the individual thanks to in-depth biomechanical testing. Posture, Strength, Stability and Reactivity are just some of the keywords that define HPM's areas of intervention. The analyses of the Forte Biomechanics Lab ensure the best orientation for physical exercise and therapeutic training. The first step to maximize athletic performance, scout young talents, plan training sessions and solve simple everyday musculoskeletal problems.





GREEN RESORT

Protecting the environment and implementing sustainable practices are a priority for us. Our philosophy revolves around living in harmony with nature, supporting the local economy and culture with a strong spill-over of economic and social benefits throughout the region. We constantly strive to improve the present quality of life while safeguarding the future. To ensure sustainable development, we have implemented several initiatives to reduce our environmental impact.

Find more: https://www.fortevillageresort.com/it/sustainability/







Fun

Forte Village, a synonym for enjoyment. How can you resist the infinite temptations of our resort? From the Wine Bar to the most elegant shopping in Piazza Luisa.



SHOPPING

Fashion has found a new catwalk, that of the extraordinary boutiques of Piazza Luisa. The best Italian and international Maison, from Dolce & Gabbana, Antonio Marras, Kering Eyewear (Gucci, Saint Laurent, Balenciaga ...), St. Barth, Vilebrequin to Brunello Cucinelli, Eleventy, Ermanno Scervino, the multibrand Modes for contemporary taste.

For the little ones **Aspesi**, **Il Gufo**, **Twinset and Monnalisa**. Our style advisors are at your disposal. A special occasion? **Damiani**, **Rocca** and **Perris Montecarlo perfumery** will open their doors to your wishes.



My WINE BAR

An afternoon break, an aperitif, a final glass to end a busy day. The choice is yours at our impressive Wine Bar, very near to the Cellar and its 800 Italian and International labels. What can we offer you, a Masseto, Sassicaia, Ornellaia or Champagne, accompanied by a wide range of cheeses and cold cuts from Sardinia? Not forgetting the Magnum bottles of course, ideal for enhancing and preserving the bouquets of the most famous wines. Come and taste some of the most exclusive wines in the world.

Open from 6.30 p.m. to close



PHOTO BOOTH

Gruppo Digitale supply images printed on paper or other unique, superior quality media, it can also provide digital images delivered via a cloud system that enables you to download the most beautiful photos from your holiday.



BOWLING

In the heart of Leisure Land, hear the echo of the perfect strike: one bowl, 10 pins, and you've won. Together with friends and family, a game of bowling makes for a relaxing and enjoyable competition.

Available every day

When you stay with us, enjoy complimentary access to thousands of newspapers and magazines.





Connect to our Wi-Fi network, download the PressReader app and start reding!

Using a laptop? Visit pressreader.com



CHILDREN'S WONDERLAND

Once upon a time there was a magical kingdom where children had so much fun. Welcome to Children's Wonderland.



Here are all the free activities in our Children's Wonderland to experience a day of pure happiness

Open everyday



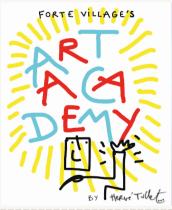
Unlimited fun for kids, an exciting new Acquapark with water games and 7 magnificent slides – 2 tunnels and 5 open air – for older children. There's even a pirate ship for the little ones with water cannons where the kids can pretend to be the legendary Jack Sparrow!

Available every day (9:00-1:00 PM / 3:00-6:00 PM)



ART ACADEMY BY HERVÉ TULLET

Il New York Times-bestselling author Hervé Tullet, scrittore per bambini con un progetto inedito. Le opere realizzate saranno poi trasformate in una mostra, l'Expo Idéale.







BARBIETM

Come and discover the magnificent Barbie House at the Children's Wonderland.



MARIO'S VILLAGE

Mario's Village: a real child size village with 9 themed houses where children play in the fire station, mini market beauty center and the cinema.

Available every day (9:00-1:00 PM / 3:00-6:00 PM)



BABY DANCE

At the end of the day the kids will put on a show in the wonderful setting of Piazza Luisa. Our staff will organise unforgettable shows for kids with all kinds of dancing.

SCIENCE ACADEMY

Uno scienziato al giorno toglie la noia di torno! Ogni giorno ci faremo guidare da famosi scienziati alla scoperta della branca scientifica che li contraddistinguono, per un viaggio di 5 imperdibili giornate dedicate alla scienza.

Available from 28 July



CINEMA ACADEMY

An Academy to completely immerse yourself in the world of cinema. Between filming and special techniques we will become directors, technicians and set designers to learn how to recreate the magic and illusion of film productions. Every day we will experiment with a new special technique up to the innovative 360° immersive cinema.

Available from 28 July



CIRCUS ACADEMY

A unique educational experience dedicated to circus art that combines motor activity and fun thanks to the game and juggling: children will discover the disciplines of circus and theater, learn to throw objects in the air and keep them in balance on the body, They will walk on stilts, do acrobatic exercises, mime and many other games and skills (juggling balls, scarves, rings and clubs).

On request



Gourmet

An overwhelming menu that is something special, full of surprises and ever changing. These are the gastronomic riches of Forte Village. Restaurants of every style from buffets to gourmet, from Italian, Sardinian and international cuisine.

A WORLD OF FLAVOURS

We're off, and dinner turns into a voyage of discovery, in search of the world's greatest gastronomic traditions. We start at our **Sardo Restaurant**, which interprets one of Italy's most original traditions. A meat-lover? Don't miss the **Brasilian Restaurant** and its extraordinary grilled meats, with sides of potato and caramelised pineapple..

Brazilian: 8:00 - 9:00 PM Sardinian: 8:00 - 9:00 PM Forte Grill: 7:30 - 11:30 PM





ITALIAN TASTE

Raise your hand if you know of any gastronomic tradition that is richer, more creative, older, more current or more healthy than Italian cuisine. We'll start from the top, location-wise, on the **terrace of the Belvedere** with **Chef Giuseppe Molaro**. Then we head down to the garden, and the rich buffet of the **Cavalieri**, where **Luca Pecorari** creates an extravagant array of dishes, freshly prepared each evening. Just a few steps and we can enjoy the casual elegance of **Le Dune restaurant**, ruled over by **Andrea Putzu** and his exquisite fresh fish dishes.

Belvedere: 7:30 - 10:00 PM Cavalieri: 7:30 - 10:00 AM / 7:30 - 9:30 PM Le Dune: 7:30 - 10:00 AM / 7:30 - 10:00 PM



BAR DUNE

At the new Bar Dune, nature and flavor harmoniously converge in an elegant and inviting setting. Nestled amidst our lush gardens and overlooking the sea, this cocktail bar promises a unique experience with authentic flavors. Our kmo Signature Cocktails are crafted from a blend of creativity and freshness, featuring ingredients sourced directly from our Dune Herb Garden, to be savored until the last sip.

Beach Bar & Aperitif Bar Open from 09:00 to 21:00

TIKI BEACH

The Tiki Beach with its tropical style, will accompany your evenings with fantastic cocktails in front of a breathtaking landscape.



Lunch: from 12:30 to 16:00 Dinner: from 18:00 to 21:00

RE Nous

MORDI HEALTHY RESTAURANT&BAR

Nourish your body and indulge in the delicious flavors of our new Healthy Restaurant and Bar. Explore a wide selection of nutrient-dense cold press juices, colorful fruit bowls, delectable smoothies, and an array of mouth-watering dishes that will tantalize your taste buds right in front of the beach!

TERRAZZA SAN DOMENICO

Don't miss the **Terazza San Domenico**, headed by Michelin starred chef **Massimiliano Mascia**. The Head Chef of the 2 Michelin starred restaurant San Domenico in Imola, will delight our guests with signature dishes of the Romagna region such as **'Egg in Raviolo with sweet Parmesan, malga butter and truffles'**. The menu will be enriched by summer dishes designed to enhance Sardinian raw produce.

Open from 8:00 to 9:30 PM



LUNCH FROM PIZZA TO LOBSTER

In the city you called it "lunch break". Well, we're proud to offer you something that will better sate your appetite and your lightness. Location, first of all, overlooking the bluest of waters. Let's start with the pizza, cooked in the wood oven at our **Pizzeria**. The menu offers everything from a classic tomato, basil and buffalo mozzarella, to the more diverse "American". Prefer a deluxe hamburger or a superb lobster at the **Beach comber by Heinz Beck?** And what do you say to a tasty club sandwich at the snack bar of the **Oasis pool**? And "green" lovers? We've got you covered too, with an incredible range of salads in all our restaurants.

Patio Villa del Parco Breakfast: 7:30 - 10:00 AM Pizzeria: 12:30 - 15:00 AM

Beach Comber by Heinz Beck: 12:30 - 14:30 AM

Snack Oasis Pool: 12:30 - 15:00 PM



HEINZ BECK RESTAURANT

Heinz Beck brings his Michelin star flavour to Forte Village. The culinary pioneer and three Michelin starred Chef, will be at Forte Village this summer to delight our guests palettes! Guests can look forward to simple but wonderfully made bistro-style food during the day and fine gourmet cuisine in the evening

Open from 8:00 to 9:30 PM



FORTE VILLAGE PÂTISSERIE

The Forte Village pâtisserie shop is located near Piazza Luisa. You will taste all types of desserts created by the hands of the expert pastry chefs of Forte Village.

Open from 10:00 AM to close

Celebrity **Chef Nights**

Welcome to the world of Celebrity Chefs! There is no limit to creativity, imagination, and the desire to experiment and astonish here at the Forte Village. During our Celebrity Chef Evenings the stars of haute cuisine demonstrate their skills beneath the stunning star studded night sky of the Forte Bay Terrace. Every summer, exclusively for you, we present the greatest Michelin-starred chefs and the most famous exponents of international cuisine, from France, UK, Spain, Germany and the most beautiful regions of Italy. Every refined menu features a constellation of signature dishes paired with wines from the most prestigious cellars. Life is for living and top of the range of the exclusive themed evenings at the Forte Village are the unforgettable 'One of a Kind Nights.' Places are limited, pre-booking is essential. Each evening has a unique theme involving a special location, extraordinary cuisine, excellent wines and music which floats into the night. Places are limited, pre-booking is essential.



10th - 11th JULY **GENNARO RUSSO**

RISTORANTE LA SIRENUSE **POSITANO**



14th - 15th - 16th JULY **GIUSEPPE MANCINO** RISTORANTE IL PICCOLO PRINCIPE

2 MICHELIN STAR



21st - 22nd JULY **ANDREA APREA** RISTORANTE APREA **2 MICHELIN STAR**



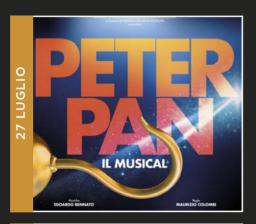
24th - 25th - 26th JULY **SANDRO SERVA** RISTORANTE I A TROTA **1 MICHELIN STAR**

FROM 16TH SEPTEMBER



SUMMER 2024









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FOR MORE INFO: T. +39 070 921 8977





Discover Palazzo Doglio in Cagliari

A unique place that revisits the idea of comfort and makes it contemporary, located in the beating heart of Cagliari.



CAGLIARI BY NIGHT Osteria del Forte

Osteria del Forte proposes an exclusive concept that collects all the facets of the classic Italian trattoria and revisits it in a contemporary key. At its head, the Executive Chef Alessandro Cocco, who was professionally raised in Forte Village, working under world-renowned starred chefs such as Gordon Ramsay and Heinz Beck.

Book now: t. +39 070 6464154 | palazzodoglio.com



FOR INFORMATION PLEASE CONTACT YOUR RECEPTION

